

Cafeteria End of Year Charging Policy

As we are approaching the end of the school year, per state regulations, the cafeteria is not allowed to end the school year with any negative balances.

Starting May 6, students will not be allowed to make any purchases without having available funds to cover their purchase. The cafeteria must also collect any negative funds before May 24. If your child does not have funds available, an alternate meal will be provided.

Thank you for your cooperation in this matter.

Lori Sikora
Food Service Director
219-767-2266 Ext. 1105

May 2019

Monday	Tuesday	Wednesday	Thursday	Friday	Breakfast
		1 Mostaccioli Side Salad Garlic Toast Choice: Chicken Alfredo or Cheesy Garlic Bread W/ Marinara	2 Turkey Pot Pie Over Biscuit W/ Roll Choice: Smart Mouth Pizza	3 Bosco Sticks W/ Marinara Sauce Tri Tater Cookie (K-12) Choice: BBQ Rib Sandwich	Breakfast available daily in the Cafeteria 7:40 - 8:00
6 Chicken & Noodles Potatoes / Gravy W/ Roll Choice: Deli Wrap	7 Chicken Tenders W/ Roll Baby Baker Potatoes Choice: Smart Mouth Pizza	8 Corn Dog Baked Beans Apple Crisp (K-12) Choice: Cheesy Garlic Bread W/ Marinara	9 7Cheeseburger French Fries Choice: Smart Mouth Pizza	10 Nachos Refried Beans Choice: Chicken Sauce Bar W/ Roll	Grab and Go Breakfast: Choice of Banana Bread Cereal Wg. Donuts Poptarts Muffin
13 Popcorn Chicken Potatoes / Gravy W/ Roll Choice: Max Sticks W/ Roll & Marinara	14 Country Fried Beef Sandwich Tater Tots Choice: Smart Mouth Pizza	15 Biscuits & Gravy Sausage Links Tri Tater Roll Choice: Cheesy Garlic Bread W/ Marinara	16 Chicken Sandwich Or Spicy Chicken Sandwich Spudsters Choice: Smart Mouth Pizza	17 Hot Dog Chips / Salsa Baked Beans Cookie (K-12) Choice: Chicken Sauce Bar W/ Roll	Breakfast Includes Fruit Milk Breakfast Prices \$1.50 Reduced \$.30
20 Chicken Drumstick W/ Roll Diced Potatoes Choice: Cooks Choice	21 Cheeseburger Fries SideKicks Choice: Cooks Choice	22 Pepperoni Pizza Square Tater Tots Chocolate Pudding Choice: Cooks Choice	23 Chicken Tenders Potatoes / Gravy W/ Roll Choice: Cooks Choice	24 Tacos Refried Beans Mexican Rice Choice: Cooks Choice	Smart Mouth Personal Pan Pizza from our NEW Pizza Oven for grades 3-12.
27 No School	28 Corn Dog Potato Chips SideKicks Applesauce	29 Enjoy your Summer!	30	31	Smart Mouth Pizza Best Deal: Select as a meal choice Or \$2.50 Ala Cart
Menu subject to change without notice.		Lunch Prices Elem \$2.30 Jr/Sr High \$2.40 Reduced \$.40	Available Daily Lunchable PBJ Parfaits Wraps Salads	All meals include Fruit/Vegetable Milk	"This institution is an equal opportunity provider."

Understanding the Lunch Line: A Parent's Guide

Each day, your child is offered a lunch containing the following:

Meat or Meat Alternate,
Grain,
Fruit, Vegetable
and of course, Milk!

While the most nutritious lunch contains all of these options, we understand that sometimes our students do not like some of the items we serve. To make our student customers happy, we like to give them the option to decline items they do not want to eat.

Out of the 5 food groups your student is offered, he must choose at least 3 food groups for his meal. One of the food groups must be a **fruit** or **vegetable**. Some of the menu choices may count as two food groups such as pizza, nachos, cheeseburger, or chef salad!

Here's an example menu:

Cheeseburger on a **Bun**
1/2 cup **Carrots**
1/2 cup **French Fries**
1/2 cup **Peaches**
8oz of **Milk**

So, your child could choose:

Cheeseburger on a **Bun** and **Fries**
Carrots, Peaches and **Milk**
Cheeseburger on **Bun, Peaches** and **Milk**

Of course they can take other combinations or all 5 food groups!

The choice is up to them!

If your child comes home and says she didn't get enough to eat at lunch, ask if she is taking all of her **fruit** and **vegetable** choices!

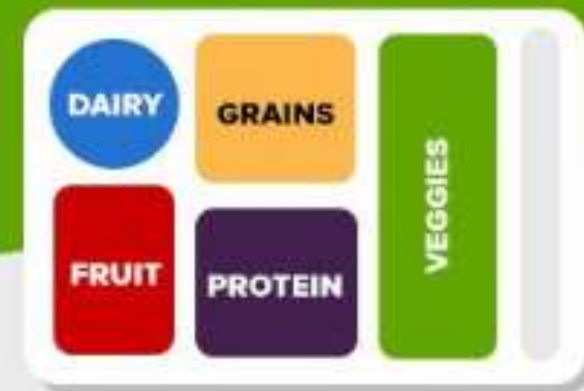
Don't forget about breakfast! Join us each morning, breakfast is a great way to kick off your child's day!

Breakfast choices are a little different. Students must take at least 3 of the offered items at breakfast, one must be a **fruit** or **vegetable**.

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WHAT MAKES A LUNCH?

Select 3-5 components



one must be a

FRUIT

or

VEGGIE